



# Return to Play during Covid-19 - Risk Assessment

Version 1 – 09/07/2020 (Author Theresa Goss)

The risks listed in this document are mainly in relation to the COVID-19 Virus. It is assumed that risks existing pre COVID-19 still apply if not specifically mentioned.

RISK CATEGORY	RISK IDENTIFIED	CONTROLS & ACTIONS	ADDITIONAL COMMENTS	RISK RATING High/Med/ Low
Safeguarding	Players could be physically or mentally unprepared for sessions following 4 months in lock down	Coaches to be fully aware of physical and mental support players will need – players should not be pushed physically hard during initial sessions		Low
	Non-compliance with normal FA Safeguarding Policies & Procedures	Ensure coaches Safeguarding qualification is in date and that coaches are familiar with and have revisited FA Safeguarding P&Ps where required		Low
	Lack of knowledge about the current guidelines/restrictions we are required to follow	Ensure all coaches have received a copy of FA guidelines for coaches, plus fully aware of additional Club issued guidelines		Low
		Ensure all players & P/Gs (for players under 18) have received a copy of FA guidelines for players & PGs, plus fully aware of additional Club issued guidelines		Low



Cross Contamination & Spreading of the Virus	Coaches, Players or Spectators who could be CV-19 positive present at sessions	Anyone showing symptoms before or during a session (or confirmed positive), or if anyone within household bubble showing symptoms (or confirmed positive) asked to stay at home / return home as per Government guidelines	If any of these symptoms do apply, the player cannot participate. They should return to and stay at home and follow Government Guidelines	Med
		Checks should be made to help identify if anyone has: - Had a high temperature (above 37.8oC); Has developed a new continuous cough Has shortness of breath or a sore throat Loss of or change in normal sense of taste or smell Is feeling unwell	If any of these symptoms do apply, the player cannot participate. They should return to and stay at home and follow Government Guidelines	Med  Med
	Contamination via equipment	All equipment should be thoroughly sanitised before each session		Low
		Touching of equipment by hand should be kept to a minimum by players and P/G's. Hands should be sanitised at the beginning and end of session and after handling any equipment.		Low
		All players should bring their own labelled water bottles and place them at a designated water station to maintain social distancing.		Low
	Players at risk due of contracting virus due to close contact	All session activities should be designed to meet the current Government & FA social distancing guidelines to prevent close contact.		Low
		Remind P/G's of younger players to ensure laces are tied securely before training begins		Low



		Hand sanitiser should be readily available at all sessions and placed to avoid to close contact.		Low
		Water stations should be laid out to maintain social distancing for players to place their own water bottles at during the session		Low
		Players advised no spitting during any point of the session		Low
		Group sizes / bubbles and distancing must be adhered to as per the current FA guidelines.	See latest FA guidance documents for adult players and coaches	Low
		Ensure coaches and players understand social distancing does not permit handshakes, high-fives, or group goal celebrations		Low
		Players advised not to handle footballs and use feet only. Where practical players could have their own ball for individual work however a single ball can be passed between players in coaching bubbles during sessions.		Low
	Parents & Guardians at risk due of contracting virus due to close contact	Parents should maintain social distancing as per current Government / FA guidelines at all sessions		Low
		Parents and players should only travel in a vehicle with members of their own household and / or support bubble.		Low
Injury/First Aid	Players / Coaches at risk of contracting virus when receiving or providing first aid treatment.	All normal Emergency First Aid P&P's should be in place including the presence of a suitably stocked First Aid bag at every session.		Low



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	Players / Coaches at risk of contracting virus when receiving or providing first aid treatment.	If a player gets injured, a qualified first aider, member of their household or support bubble can aid them, but others will still need to socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care.		Low
		The coach as a qualified emergency first-aider or other medical personnel present will be equipped with the appropriate PPE to protect themselves and others including if they need to compromise social-distancing guidelines to provide emergency medical assistance.	PPE includes protective gloves and face mask to cover nose and mouth of first aider.	Low
	PLI & Accident Insurance Policies invalid and not providing cover during current period of virus outbreak.	Check made with insurers that all PLI and Accident policies valid during current period.		Med